

# Meet Our Training Specialist Team



Vashti Young, MS



Laurie Jackson, MS, LPC



Coach E. MS

The job of our training specialists is to maintain the integrity of our program and to love and serve our clients. Learn more about the training specialist team at:

[vashtishouse.com/about](http://vashtishouse.com/about)



Check out these personal development and skill building workbooks Vashti wrote for both you and your clients.

Let Laurie's Pocket Therapy Books help you or a client with real therapy every day and on the go!!

Coming in the fall of 2025; Take the scary steps into of *Life After Ground Zero* with friend and mentor George Escalante.



FIND THESE AND OTHER RESOURCES AT THE **VASHTI'S HOUSE RED DOOR STORE**



**NEED TO EQUIP YOUR STAFF WITH STRESS INJURY PREVENTION?**

**WANT TO GIVE YOUR STAFF AND WORK COMMUNITY EMOTIONAL MANAGEMENT SKILLS?**

**NEED A CHAPLAIN OR A CARING TRAUMA RESPONSE TEAM AVAILABLE AFTER A SIGNIFICANT EVEVENT?**

**NEED A TRAINING IN SPANISH FOR YOUR STAFF OR CLIENTS?**

**DO YOU WANT HELP CREATING A LONG-TERM RESILIENCY STRATEGY?**

**WANT A PIVOTOL TRAINING WORKSHOP THAT EXCEEDS INDUSTRY STANDARDS STARTING AT ONLY \$50/PERSON?**



ADDRESS

**CONTACT US TODAY AT: 503-400-5678**

[www.vashtishouse.com/flourish](http://www.vashtishouse.com/flourish) 503-400-5678 flourish@vashtishouse.com



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**Create and sustain a resilient work culture of peace, expectancy, and belonging.**



# FLOURISH

**EXPERIENCED PROFESSIONAL ENRICHMENT SERVICES**  
for the Emotional, Psychological, and Spiritual Wellbeing of Your Staff



# HAPPINESS FROM A SALARY INCREASE HAPPENS ONCE A YEAR. HAPPINESS FROM A POSITIVE WORK CULTURE LASTS ALL YEAR.

*Get to know us!*

I'm Vashti, the founder and director of **Vashti's House LLC**. **Vashti's House** creates accessible opportunities for individuals to improve their emotional, psychological, and spiritual wellbeing. **Flourish**, our **professional development** services program allows you create a sustainable work culture of wellness and happiness to your staff and employees. Your employees spend most of their day serving your clients, why not make it an enriching, healing and rewarding experience for them? In doing so, you'll improve the wellbeing of the whole community!

**CALL US TODAY AT 503-400-5678  
TO SCHEDULE YOUR ONE HOUR FREE CONSULTATION**

**ACCORDING TO THE NATIONAL INSTITUTE OF HEALTH, RESILIENCY IS CREATED BY FORMING SUSTAINABLE HABITS.**



Are you an employer or organizational leader who prioritizes workplace safety, employee retention, and client satisfaction? If you are, then you know the value of having a community of employees who are mentally strong, emotionally resilient, and relationally connected is the only way to ensure the long term health and vitality of your organization. We're here to make that possible and easy! We can also help with client care!

**E-MAIL US TODAY AT  
FLOURISH@VASHTISHOUSE.COM TO  
REQUEST MORE INFORMATION.**

*We're already working for you,  
We're staying updated on the latest  
information and certifications for improving  
work related emotional wellness, mental  
health, trauma healing, addiction recovery,  
and stress management.  
Our services are proactive and preventative!*

**Vashti's House** prioritizes maximizing evidence based best practices by **1.** Utilizing professionals who already live and work in service areas, giving them a direct connection to the people and needs of the community they serve. **2.** We come to you! We connect and serve IN PERSON! While not always possible, evidence overwhelmingly supports in-person connections for best results. **3.** Our providers are educated, certified, and credentialed and have been in service to others a minimum of 20 years. In that way, they and they are able to contextualize information into real life scenarios.

**ACCORDING TO A 2020 ADP STUDY ON WORKPLACE RESILIENCY IN THE US, ONLY 19% ARE RESILIENT, AND 81% ARE VULNERABLE TO STRESS INJURY.**

## CONSULTING



## FOCUSED TRAINING



## ONGOING SUPPORT



**CONSULTING SERVICES TO DEVELOP A SUSTAINABLE PLAN TO BEST MEET THE NEEDS OF YOUR STAFF AND VOLUNTEERS**

**DYNAMIC TRAINING OPTIONS TO HELP INDIVIDUALS BETTER MANAGE THEIR OWN MENTAL HEALTH AND PERSONAL WELLBEING**

**TRAINING OPTIONS FOR CREATING A RESILIENT AND ONGOING COLLABORATIVE AND CARING COMMUNITY**

**WORKSHOP STYLE TRAINING THAT IS INTERACTIVE, MULTI-SENSORY, MEMORABLE AND FUN**

**CONNECTION TO CERTIFIED CHAPLAINS, CLINICIANS, AND MENTAL HEALTH PROVIDERS WHO CARE ABOUT YOUR TEAM**



**FLOURISH**

EXPERIENCED PROFESSIONAL ENRICHMENT SERVICES